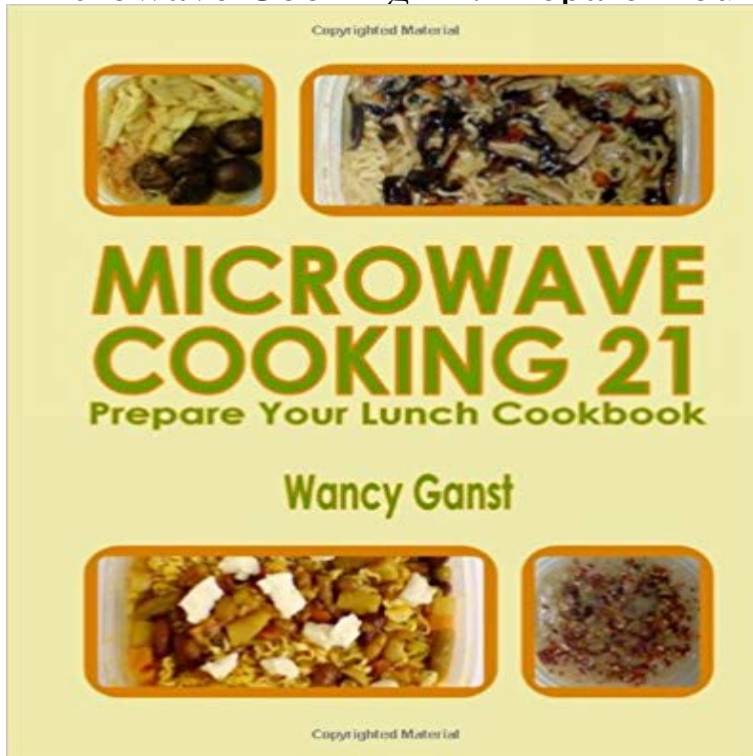


Microwave Cooking 21: Prepare Your Lunch Cookbook



Everyone is busy and no time to cook. However, if just having a microwave oven, a microwave-safe container and maximum 10-minute cooking time can help you to prepare your meal, even in the office, will you give yourself a shot? This book would give you a hint on how to do it.

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